



## Impact of 2019 / 2020 Sport Premium Funding Spend



- This year we celebrated a 6 week “Healthy Inside and Out” half term. During this time:
  - **100% of pupils experienced visiting a local sports centre.** EYFS pupils took part in the Multiskills festival at Temple Park Centre, KS1 pupils visited The Urban Factory, where they took part in Gymnastics, Cheerleading and Parkour activities and KS2 pupils visited Jarrow Focus, where they took part in a virtual “Born to Move” class.
  - Families were encouraged to be **more active at home** and evidenced this with “Fitness Selfies”.
  - Pupils were taught how to be **more active in the playground.** Children from Reception to Year 6 took part in a hula hooping workshop with KidzRFit and a skipping workshop with Skipping School. **Many children continue to practise their skipping and hula hooping skills.**
  - KS1 and KS2 pupils took part in Outdoor and Adventurous Activities with BOutdoors. This **covered an identified gap in our curriculum offer.**
  - Children from Reception to Year 6 were involved in cooking and tasting some healthy recipes with chef Sarah McKallister. Some of the **recipes were shared with parents.**
  - KS1 and KS2 pupils **joined in with more rigorous physical exercises.** They experienced a “Hitt” session with instructors from Involve Fitness.
  - Staff from a local dental surgery visited the school and encouraged the children to take care of their own teeth. **All pupils received a FREE pack which included a two-minute tooth brushing timer.**
  - Pupils from KS1 and KS2 took part in a chosen sport with their opposing year group – the winners gaining group house points and individual medals. It was decided that this **successful intra-school competition would become a termly event** in our school.
- St Bede’s took part in the South Tyneside Sainsbury’s School Games for the 7<sup>th</sup> year running, **increasing pupil participation in competitive school sport.** 75% of pupils participated in an event: Year 1 took part in a Mini Tennis festival, Nursery and Reception pupils took part in a Multiskills festival, groups of KS2 pupils took part in the Cross Country Championships and Year 3 took part in a Hockey competition. Year 3 were also **trained by a specialist coach** in preparation for the event. 100% of pupils who attended school during the summer term took part in the virtual “Still at School Games” and the virtual “Back to School Games”, placing 5<sup>th</sup> and 3<sup>rd</sup> respectively in South Tyneside – evidence of the school beginning to **compete at an increasingly higher standard.**

- Year 4 took part in the Skipping Festival Project at St Joseph's Catholic Academy, competing against other primary schools from South Tyneside; again, **increasing pupil participation in competitive school sport**. Pupils **took part in specialised training** in the lead up to the events. Individuals and groups of children won many Bronze, Silver and Gold Awards and the class placed 3<sup>rd</sup> in the "Skip Dance" aspect of the competition. The children's **skipping skills improved significantly** in the lead up to each event and **many children continue to practise their skipping skills during break times**.
- The school continued to provide opportunities for **pupils to take part in activities that can be expensive to participate in outside of school**; this included running a KS1 and KS2 "Combat Confidence" martial arts after school club. We also offered FREE Judo taster sessions to years 2-6.
- A Kalma Juniors yoga instructor was employed throughout the spring term to run weekly "Mindfulness" sessions for interested KS1 and KS2 pupils. An additional one off session was organised for all pupils during "Anti-Bullying Week". The purpose of these sessions was to **promote the health and well-being of pupils, improve body awareness, self-control, flexibility, coordination and social skills**.
- Year 6 were provided with **additional swimming lessons** in the autumn term (2 lessons per week, rather than 1). The number of year 6 pupils able to swim at least 25m by the end of the term was **82.14% - an increase from the initial 71.42%**.
- During the autumn term, we ran weekly intervention sessions with South Shields Football Club for boys in Nursery, Reception, Year 1 and Year 2. Sessions helped to **develop the boy's fine and gross motor skills (linked to writing), as well as their agility, balance and coordination**.
- Year 5 attended a "Dance Festival" at South Shields Football Club and engaged in **weekly dance sessions with a trained dance teacher** in the lead up to the event. Pupils had the **opportunity to perform in front of a live audience**.
- As a way of **raising money for CAFOD**, football coaches from the Foundation of Light were invited in to work with all pupils from Nursery to Year 6. EYFS and KS1 pupils enjoyed "Little Dribblers" sessions, whilst **KS2 pupils took part in a competitive, in-house football tournament**.