Sport Premium Funding (2019 – 2020)

"Healthy Inside and Out" Half Term

We used some of our Sport Premium funding to promote a 6 week "Healthy Inside and Out" half term within our school. Each week had a different focus with a huge range of activities on offer. The purpose of the half term was to promote physical and mental well-being and increase the levels of physical activity in pupils.

Hoopstarz Workshops with KidsRFit (N - Y6)



Skipping Workshops with Skipping School (Y1 - Y6)



Mindfulness After School Clubs (KS1 and KS2)



Cooking with Chef Sarah (R - Y6)



Fitness Circuits with Involve Fitness (Y1 - Y6)





KS1 Trip to "The Urban Factory"



<u>Key Stage 2 Visit to...</u> <u>Blacksheep Fitness Academy and Jarrow Focus</u>



Outdoor and Adventurous Activities with BOutdoors (Y1 - Y6)



Family Fitness Selfies Families were encouraged to send in "Fitness Selfies" of themselves being active at home.



South Shields Football Club (EYFS and KS1)

We used some of our Sport Premium funding to run weekly intervention sessions with South Shields Football Club for boys in Nursery, Reception, Year 1 and Year 2, in order to develop their fine and gross motor skills (linked to writing), as well as their agility, balance and coordination.



Kalma Juniors (N – Y6)

As part of anti-bullying week, every year group from Nursery to Year 6 took part in a relaxation and mindfulness session, where they had the opportunity to reflect on how to be kind to themselves and others. This was all funded by our Sport Premium funding.



Sainsbury's School Games (N - Y6)

We used some of our Sport Premium funding to continue to take part in the South Tyneside Sainsbury's School Games this year (for the seventh year running), enabling our pupils to be more active and participate in more competitive school sport.

EYFS Multiskills Festival



Key Stage 2 Cross Country



Year 1 Tennis Festival



Combat Confidence After School Club (KS1 and KS2)

As a response to parent feedback, we used some of our Sport Premium funding to run KS1 and KS2 Combat Confidence after school clubs - fast paced, fun filled sessions that teach children techniques from a variety of martial arts. An activity which can be expensive to participate in outside of school.



Year 5 Dance Festival

Using some of our Sport Premium funding, Year 5 took part in the South Shields Football Club Dance Festival held at Mariners Park. Pupils got to perform a Christmas dance in front of a live audience.



Year 4 Skipping Festival

We used some of our Sport Premium funding to take part in this year's Skipping Festival Project at St Joseph's Catholic Academy; again, with the aim of increasing pupil participation in competitive school sport. Year 4 competed against other primary schools from South Tyneside. Year 4 also took part in specialised training in the lead up to the event.



Football Fundraising (N – Y6) We used some of our Sport Premium funding to run a CAFOD football fundraising day, alongside coaches from the Foundation of Light.

